

# MERRILLVILLE PARKS & RECREATION FALL 2015 / WINTER 2016



Merrillville Parks & Recreation  
Pruzin Community Center  
5750 Tyler Street  
Merrillville, IN 46410  
(219) 980-5911 office  
(219) 980-0928 fax



To register for a Program visit:

<https://www.activenwi.com>

For information after hours visit:

[http://www.merrillville.in.gov/departments/parks\\_and\\_recreation](http://www.merrillville.in.gov/departments/parks_and_recreation)

For upcoming events visit:

<https://www.facebook.com/MerrillvilleParksandRecreation>

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Remember to register in advance. You may register on-line, but there are non-refundable processing fees for use of any credit or debit card. You can pay in person with cash or check at the Pruzin Community Center during our regular office hours. Classes and programs must be cancelled if minimum is not reached 1 week before the deadline! No registrations allowed on the first day of any class. No refunds once a program or class begins. All Overnight Trips require a \$75 deposit to secure your spot and the final payment will be due approximately 2 months prior to trip so all reservations for hotels and restaurants can be secured. We encourage everyone to get the Trip Insurance so if you do have to cancel you will get a Refund. We cannot offer a refund once we make the final trip payment to the travel agency.

## **TOWN OF MERRILLVILLE**

Bruce Spires—Town Manager (219) 769-5711

## **TOWN COUNCIL**

Donald Spann—Ward 1

Richard Hardaway—Ward 2

Carol Miano—Ward 3

Tom Goralczyk—Ward 4

Chrissy Barron—Ward 5

Shawn Pettit—Ward 6

Ron Widing—Ward 7

Eugene Guernsey—Clerk Treasurer (219) 769-3501

## **USEFUL PHONE NUMBERS**

Police Non-Emergency—(219) 769-3531

Fire Non-Emergency—(219) 769-0004

Town Court—(219) 756-6185

Storm Water Utility—(219) 472-8668

Street Department Public Works—(219) 769-6784

Planning & Building—(219) 769-3631

Chamber of Commerce—(219) 769-8180

Ross Township Trustee—(219) 769-2111

Ross Township Assessor—(219) 769-7667

Hidden Lake Park—(219) 980-8790

Merrillville School Corporation—(219) 650-5307

Andrean High School—(219) 887-8581

Aquinas Catholic School—(219) 769-2049

## **PARK CONTACT INFORMATION**

Merrillville Parks & Recreation

Pruzin Community Center

5750 Tyler Street

Merrillville, IN 46410

(219) 980-5911 office

(219) 980-0928 fax

## **PARK & RECREATION ADMINISTRATION**

Jan Orlich—Director

[jorlich@merrillville.in.gov](mailto:jorlich@merrillville.in.gov)

Ruth Hashu-Roorda—Recreation Coordinator

[rhashuroorda@merrillville.in.gov](mailto:rhashuroorda@merrillville.in.gov)

Roger Alt—Park Maintenance

## **PARKS & RECREATION COMMITTEE**

Carol Miano—President

Donald Spann

Ron Widing

## **RECREATION OFFICE HOURS**

Monday-Thursday 8am-6pm

Friday 8am-4pm

(Please note that if evening classes get cancelled the office will close at 4pm Monday-Friday)

Saturday-Sunday are for rentals only

10am-10pm (10am-3pm or 5pm-10pm)

## **Town of Merrillville Residents and Non-Residents**

Programs and Services are available to Merrillville Residents and Non-Residents. Residents are those that reside in the Town of Merrillville and pay property taxes that support Merrillville services.

## **Merrillville Park Department Mission Statement:**

Strive to enhance the quality of life of Merrillville citizens by expanding availability of leisure and recreational services while promoting a clean and healthy environment.

Visit our Facebook page and post a comment or drop us an e-mail for a program or activity you would like to see offered. We value any positive input from our Residents. Our goal for the Recreation Department is keeping our Seniors active as well as our Youth. <https://www.facebook.com/MerrillvilleParksandRecreation>



## Program and Activity Registration

To register for any of the activities and classes offered by Merrillville Parks & Recreation Department you can come into the Pruzin Community Center during office hours or simply sign up on-line. Go to, "[www.activenwi.com](http://www.activenwi.com)" and browse through the categories offered by Merrillville Parks Department. Choose the activity or program, put in your family information, register, and then pay by credit card. **(Please note that using a credit card you will be charged a non-refundable processing fee), OR** to pay by cash or check stop by the Merrillville Park Department located in the Pruzin Community Center at 5750 Tyler St in Merrillville. It's that easy. Registering for any program or event, your photo may be used in advertising. You must register for any class or program a minimum of 1 week in advance. No sign-ups the first day of class.



Active Northwest Indiana ([www.activenwi.com](http://www.activenwi.com)) Browse through the activities and programming at your leisure and sign up from your home computer with a credit or debit card. IT'S THAT EASY.

Visit Merrillville Park Department at the Pruzin Community Center and sign up for any activity/program to pay with cash or check.



## Computer Help

For those seniors that are struggling with learning how to use a computer, we have volunteers that are offering to help. People over 55 years of age are the fastest growing segment of computer and internet users. If you want to learn how to surf the web, send an email, write a letter or prepare a spreadsheet of monthly finances this is for you. Call the Clerk Treasurer's office to find out when a volunteer will be available, (Monday through Friday from 1pm to 3pm) and bring your ID to the office at the Municipal Complex on Broadway Avenue to check out a computer to use there. You will be brought down to a room where a volunteer will be waiting to answer your questions and help you. There are a limit of 7 individuals at a time. You must call in advance so a volunteer can be scheduled. (219) 769-3501. Free to Residents 55+



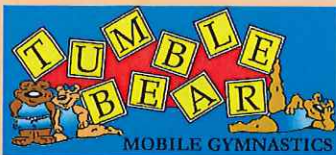
## Pruzin Community Center

Looking for a place to host a small gathering, party, graduation or shower? The Pruzin Community Center is a great facility to rent for small gatherings with a maximum of 60 guests. No smoking and no alcohol allowed. Rental is available on Saturday or Sunday from 10am-3pm or 5pm-10pm. Rental is also available the full day from 10am to 10pm. Complete the application at the Pruzin Center and then make your payment at the Clerk Treasurers office. **Approved Applications for rental must be submitted and paid in full two weeks prior to event date. Merrillville Police is required to be present during the full length of your rental time. No exceptions. Hall Rental Fees—60 guests-maximum**

Resident Rate-Sat. & Sun. (5 hrs)	10am-3pm or 5pm-10pm—\$150	Resident Rate-Sat. & Sun. (12 hrs)	10am-10pm—\$225
Non-Resident-Sat. & Sun. (5 hrs)	10am-3pm or 5pm-10pm—\$200	Non-Resident-Sat. & Sun. (12 hrs)	10am-10pm—\$275

**7% tax on Rental Fee. Damage Deposit \$100., Refundable provided no damage to facility other than normal wear and tear. All rentals require Merrillville Police Officer at \$35 per hour.** (\$175 for a typical 5 hour rental, \$420 for a 12 hour rental) The security fee is paid directly to security the day of your rental, before you will be allowed to enter. Set-up and clean-up must be done in the time slot rented, not in addition!





Sign up at least 1 week prior to each new session so adequate staff is on hand! Minimum must be reached 1 week in advance for classes to go. **Min. 6/Max. 14** There is never any credit for missed classes). For

Gymnastics Information: 865-9698. Gymnastic classes go year round. Dates may change due to Holiday days off. Please note that by signing up for any class your photo may be used in advertising. **Fee: \$55/\$60 All classes meet on Mondays. 6 week Sessions:** Aug. 31-Oct. 12 (off 9/7), Oct. 19-Nov. 23, Nov. 30-Jan. 11 (off 12/28), Jan. 18-Feb. 22, Feb. 29-Apr. 4, Apr. 11-May 16

#### Parent-n-Tot: (walking – age 3 with Parent) - 5:15-5:50pm

This class is an interactive program for parent and child introducing you to the world of gymnastics. It stimulates the development of strength, flexibility, & basic locomotive/coordination skills through gymnastics, songs, games, & activities. Your child will interact with other children & adults, learning how to respond to others outside the family unit. Comfortable clothing for child & parent is preferred. Come join the fun!

#### Preschool: (ages 3-5) - 3:55-4:30pm

This fall our gymnastics classes will be action packed featuring SUPER HERO lesson plans! Your child will experience the gymnastics events of tumbling, vault, beam, and bars. We will work with the children to instill the values and morals of a super hero while brining out your child's extraordinary talents, Comfortable clothing and gym shoes are great, No jeans. Come join the super hero fun!

#### School Age: (ages 6-12) 4:30-5:15pm

These classes are designed to develop fitness, character and self-esteem in children through the sport of gymnastics. Our program will help your child improve their strength, flexibility, balance, and coordination. At the same time they will learn discipline and improve their cognitive and motor skills. Plus an opportunity to meet new friends and have fun exercising. Comfortable clothing and gym shoes are required. No jeans. Come join the fun!



With Nancy



#### Our Time (2 – 3 1/2 years old with parent/caregiver)

Kindermusik is a classroom learning experience. We teach children music so they can become better learners. It's not about making little Mozarts, it's about developing skills in the whole child. *Our Time* encourages toddlers to uncover an engaging musical world while building confidence, self-control, and communications skills. Singing, imitating sounds, rhyming, and object identification foster language skills, while creative movement to various musical "moods" develops a sense of balance, timing, and spatial awareness. Listening and turn-taking encourage blossoming social skills. *Our Time* reflects the emotional foundations of school readiness and the latest research on music and early childhood development. *Our Time* is a unique opportunity for parent and child to interact and learn together in an unhurried and joyful manner. **Wiggles & Giggles Theme:** Wiggles & Giggles is all about movement (wiggles!) and fun, funny words and sounds, and emotion (giggles!). There is a strong connection in this semester to the *Our Time* theme of bound away and back. The songs are about humor, laughter, silly sounds and words, and movement. The child is going back and forth between being independent and wanting mommy and daddy. Everyday activities like bath time are highlighted in the delightful book 'Pete and PJ' from the Kindermusik library. **Min of 5/Max of 10**

**Registration Deadline:** Sept. 4 **Dates:** 15 Tuesdays September 15 – December 15 (off 10/27 & 11/24)

**Time:** 1-1:45pm

**Tuition Fee:** Resident \$135 resident / Non-Resident \$140

**Materials Fee:** \$65 payable to Nancy Hehemann

**Materials:** Two story books, a Home Activity Book, two Home CD's, a pair of Zig Zag Blocks and a tote bag



## Just Dance!!

Mobile Dance Program



**Just Dance!** (ages 3-5 years old) is a mobile dance program offered by Tumblebears designed for this age group. Our company has been teaching children for over 20 years. With a low student to teacher ratio, your child will receive more individualized attention. Our goal is to provide children with positive dance experiences that they can carry with them throughout their lives. The following styles of dance will be taught throughout the year:

Ballet—Jazz Ballet—Creative Movement—Hip Hop

Lesson plans and newsletters will be sent home to inform parents of the activities the children are working on in each 6 week program. Continuing students will continue where they left off, new students will be taught from the beginning. Everyone will learn at their own pace. **Min of 6/Max of 14**

**Time:** 3:15pm – 3:50pm

**Dates:** 6 Mondays Aug. 31-Oct. 12 (off 9/7), Oct. 19-Nov. 23, Nov. 30-Jan. 11 (off 12/28), Jan. 18-Feb. 22, Feb. 29-Apr. 4, Apr. 11-May 16

**Tuition Fee:** \$55.00 resident/\$60.00 non-resident (Register a minimum of 1 week in advance for each 6 week session so enough instructors are on hand).



## Kickaroo Karate Kids

A Division of Tumblebear



This is a year round program that builds on each session as a student learns, working at their own pace, so new students can begin with any new session, while returning students will continue where they left off the previous session. Drills are incorporated that teach life skills. Striking and kicking will be taught through games and obstacles, no contact. You must register a minimum of 1 week in Advance for each 6 week session. Minimum must be reached 1 week in advance for classes to go.

**Pre-School Karate:** Ages 3 to 5 **Time:** 3:45-4:20pm **Min. 6/Max. 15**

**School Age Karate:** Ages 6 to 12 **Time:** 4:20-5:05pm **Min. 6/Max. 20**

**Dates:** Sept. 1-Oct. 6, Oct. 13-Nov. 17, Nov. 24-Jan. 5 (off 12/29), Jan. 12-Feb. 16, Feb. 23-Mar. 29, Apr. 5-May 10, May 17-June 21

**Days:** 6 Tuesdays

**Fee:** Residents \$55/Non-Residents \$60

**Optional Uniform & Patches Fee:** \$25 paid to instructor

## Art Classes with Fred Holly

Fred brings over 20 years of teaching experience to his classes. He is a classically trained artist. He has been a working artist for over 25 years and his artwork is represented in corporate as well as private collections, with work in the permanent collection of the Indiana State Museum. Fee: \$35 Resident/\$40 Non-Resident for each 6 week class. **Classes go year round, but you must register a minimum of 1 week in advance. A minimum of 6 students must be registered for a class to go.**



### Colored Pencil Class

**Ages:** 16 and up    **Fee:** \$35/\$40  
**Time:** 1-3pm    **Day:** 6 Wednesdays  
**Dates:** Sept. 16-Oct. 21,  
Nov. 4-Dec. 16 (off 11/25),  
Jan. 6-Feb. 10, Feb. 24-Mar. 30, Apr. 13-May 18

This course is designed to teach beginning and advanced colored pencil techniques, mixed medium will also be included using colored pencils. Using Prismacolor Pencils, students will learn rendering techniques to bring their Artwork to a successful conclusion. Supply List: Pencils, Prismacolor Sets (24-48-60-120), Additional pencils needed: Goldenrod, 90% Warm Grey, Terra Cotta, Lime Peel, Tuscan Red, White, Paper, Canson, Light Blue, Tobacco Brown, Additional Supplies would be a razor blade/knife, paper stump, typewriter eraser. (Check Hobby Lobby website for weekly coupons)



### Fred's Art Class for Kids

Kids learn drawing with colored pencil, painting, perform cartooning, acrylic painting and more. Each session students build

on what they have learned, new student will start from the beginning and returning students will continue from their previous session. A fun way to learn how to become an artist.

**Ages:** 10-16 (younger students must have been in some other art class previously)  
**Time:** 3:30-4:30pm  
**Day:** 6 Wednesdays  
**Dates:** Sept. 16-Oct. 21, Nov. 4-Dec. 16 (off 11/25),  
Jan. 6-Feb. 10, Feb. 24-Mar. 30, Apr. 13-May 18  
**Fee:** \$35 Resident/\$40 Non-Resident for each 6 week class. Classes go year round, but you must register a minimum of 1 week in advance. A minimum of 6 students must be registered for a class to go. We cannot take more than 11 students.

## Acrylic Painting

**Ages:** 16 & up  
**Fee:** \$35 Residents/\$40 Non-Residents  
**Time:** 1-3pm  
**Day:** 6 Thursdays  
**Dates:** Sept. 17-Oct. 22, Nov. 5-Dec. 17 (off 11/26)  
Jan. 7-Feb. 11, Feb. 25-Mar. 31, Apr. 14-May 19



This course is designed for the beginner as well as advanced student. We will not only go over the various techniques of Acrylic Painting, but how to achieve the best results using them. Subject matter to be included will be still life, and landscape paintings. Portraits will be included as students advance. Supply List: Graphite paper-Black, Water container – small cup, Paper towels, Kitchen Sponge, Brushes (1/2 in flat brush, #6 round, #4 round, Liner Brush, Fan Brush-stiff), Paint-titanium white, mars black, burnt umber, burnt sienna, azo yellow medium, yellow ochre, ultramarine blue, raw umber, sap green, cerulean blue hue, naphthol red medium, Tape: Painters tape (green), Painters tape (blue), NOTE: Easel will be table or you can bring your own table easel, Illustration board, palette-Disposable plastic plates or butcher tray recommended, Masking fluid-Winsor & Newton **NOT PERMANENT**, Cheap brushes for masking.



## Mindful Movement

Facilitated by Bonita L. Maclin LMT, CST  
Sway to the rhythm, glide across the room, tap your toes to the beat... These are some of the ways we will explore the use of movement to increase strength and flexibility. We'll use our bodies, our breath and our senses to reconnect and to center ourselves. Mindful Movement is an effective way to reduce stress and its physical consequences to be the best ME you can be. This class is lots of FUN!

**Dates:** 10 Thursdays, Sept. 10-Nov. 12

**Time:** 6-7pm Women Only

**Fee:** \$40 Residents/\$50 Non-Residents

**Min. 6/Max. 20**

**Register Now!**

**(Must register at least 1 week in advance).**



## Get Fit Line Dancing

*Get Fit Line Dancing* with Dr. Kathy Smith will boost health and fitness awareness by dancing to music. The classes will incorporate several genres of music stimulating exercise through dancing, promoting physical and mental wellness. The moves you learn you will be able to take with you when you go out to a club, wedding or other event. This is more than just an exercise class!

**You must register a minimum of 1 week in advance.**

**Dates:** September 8-November 10

**Time:** 6-7:30pm

**Days:** 10 Tuesdays

**Fee:** Residents \$65/Non-Residents \$70

**Min. 6/Max. 30**

**Ages:** 18-99+

## Day Trip to Four Winds Casino

Join us September 16 for a trip to Four Winds Casino. You must be 21 or over. You will receive \$15 in instant slot credit (any other gambling is on your own), a \$10 food voucher (anything over that will be on your own), and the bus to the Casino in New Buffalo Michigan, all for just \$35 per person.

The bus will pick you up at the Pruzin Community Center at 9:30am and you will leave the casino at 4pm. You can leave your car parked at the Pruzin Center for your return around 4pm, depending on traffic. **You must register in person 2 weeks in advance so all arrangements can be made with the Casino.** Come on, let's see if we can pack the bus.

**Registration Deadline:** September 4

**Date:** Wednesday September 16

**Time:** 9:30am-4pm

**Fee:** \$35 per person

**Min. 29/Max. 57**



## Brain Aerobics

Join us once a week for Brain Exercises

that will help: Engage your attention—

Involve more than one of your senses—

Break a routine activity in an unexpected, Non-trivial

way. Contrary to popular belief, memory loss is neither

a normal nor natural process of aging. If you want to

maintain the strength and vitality of your brain as you

age, you must take a proactive role. Just as your body

needs strength-building exercises to keep your muscles

fit, so does your brain. We have 2-6 week sessions

scheduled. Do your brain a favor and sign up now! **You**

**must register a minimum of 1 week in advance of each session.**

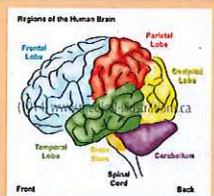
**Dates:** Sept. 9-Oct. 14, Oct. 21-Nov. 25

**Day:** 6 Wednesdays

**Time:** 12-1pm

**Fee:** Residents \$45 /Non-Residents \$55

**Min: 6/Max 20**



## Ballroom Dance



Learn to dance like the Stars! Instructor Robert Lenten will guide you through the fluid movement of Ballroom style dancing. Learn various styles

like Rumba, Cha-Cha and more. Wear leather sole shoes since rubber tends to stick to the floor and keep you from gliding smoothly. All classes meet at the Pruzin Community Center on Wednesdays. **Remember to register a minimum of 1 week in advance!**

(classes go year round in 10 week sessions)

**Dates:** July 29–Sept. 30, Oct. 7-Dec. 9, Jan. 6-Mar. 9, Mar. 23-May 25

**Time:** 10:30-11:30am

**Days:** 10 Wednesdays

**Fee:** Residents \$40/Non-Residents \$45 (Couples get a \$5 discount when registered together)

**Min. 6/Max. 20**

**Ages:** 18-99+

## Yoga Fitness



Improve health and balance through the performance of yoga. Cheryl Gojko teaches the fundamentals of alignment, breathing and flow. Join us at the Pruzin Community Center on Mondays and let your stress go! You may want to bring a water bottle and towel. Dress comfortably so you can move freely. **Register at least 1 week in advance of each new session.**

(classes go year round in 10 week sessions)

**Dates:** July 20-Sept. 28 (off 9/7), Oct. 5-Dec. 7, Jan. 4-Mar. 21 (off 1/18 & 2/15),

Apr. 4-June 13 (off 5/30)

**Time:** 9:30am-10:45am

**Days:** 10 Mondays

**Fee:** Residents \$40/Non-Residents \$50

**Min. 6/Max. 20**

**Ages:** 18-99+



## Enhanced Morning Aerobics For Seniors

As part of an active lifestyle we would like to keep our seniors fit and active. Aerobic exercise can effectively improve your health. You will exercise alongside a DVD of low impact or gentle aerobics. You will increase stability, balance, and energy levels and strengthen your cardiovascular system. Join us twice a week for this fun class.

**Dates:** January 6-December 29  
(off on all major Holidays)

**Time:** 9:30am-10:30am

**Days:** Tuesdays and Thursdays

**Fee:** Residents \$Free/Non-Residents \$10

**Min. 3/Max. 20**

**Ages:** 55-99+

## SENIOR FITNESS PROGRAM



**Time:** 8:00am-9:00am

**Days:** Tuesday, Wednesday & Thursday

With Certified Fitness Instructor: Sheila George

**Fee:** Residents: Free/Non-Residents: \$10 year

**Ages:** 55-99+

- Stretching & Flexibility
- Low Impact
- Aerobics
- Strength & Balance Training

# Fun 4 Seniors



## Pinochle Group

**Ages:** 55+

**Cost:** FREE

**Time:** 11:30am to 2:30pm

**Days:** Mondays

*(We don't meet on any major holidays)*

This is a social card group for Merrillville residents 55 and over. This is a great opportunity to meet new people and enjoy a game of cards. Exercise your memory, concentration and strategy by playing cards. Games involve reasoning, problem solving and information processing. Playing cards provides social interaction and keeps your brain healthy.



## Popcorn & A Movie

**Ages:** 55+

**Cost:** Free

**Time:** 12:00pm (noon)

**Days:** 3rd Friday of Each Month



As the weather starts to get cooler, don't lock yourself in your home. Come and join us on the 3rd Friday of every month to socialize and enjoy a movie with friends. It may not be the latest "Blockbuster", but we try to find a movie that everyone can enjoy. We get together around **noon** and start the movie shortly after. There is no charge, so NO excuses. Come on over and enjoy the show.

## Monthly Senior Meetings

**Ages:** 55+ **Cost:** Free

**Time:** 10:30am

**Days:** 2nd Friday of Each month

Join us for our monthly Senior Meetings on the 2nd Friday of every month at 10:30am. We get together to talk about things you would like to do, find out what offerings are available for people 55 and over, and help plan activities like our monthly Popcorn and a Movie, have guest speakers, plan overnight trips and we are looking to team up with other groups so we can get a bus to do more Day Trips geared towards Seniors. Don't miss our Four Winds Trip in September! We are looking into offering lunch at our Senior Meetings through Meals on Wheels, but you would need to register a minimum of 1 week in advance so we can plan our lunches.

*Everyone has a voice.*



## Senior Classes with Jodi

**Sit & Fit**

**or**

**Senior Yoga**

**8 Tuesdays or Thursdays:** Sit & Fit 12-12:30pm

**8 Tuesdays or Thursdays:** Senior Yoga 12:30-1pm

**Fee:** \$30/\$40 (Pick class & day of the week)

**Tuesdays:** September 1-October 20,  
October 27-December 15

**Thursdays:** September 3-October 22

October 29-December 17 (off 11/26, 12/24 & 12/31)

**Sit and Fit:** This 30 minute class combines stretching and strengthening exercises with light aerobics. Perfect for those with limited mobility or balance issues. We will use light hand weights. Bring a water bottle and towel.

**Senior Yoga:** This 30 minute class will include relaxing exercises which relieve tension and restores good health. We will practice breathing techniques for a higher level of meditation to clear our minds. For those not able to use a yoga mat, you will be able to sit in a chair.

## Remaining 2015 CSRI Calendar of Events



CSRI is a cooperative venture seeking ways to increase recreational opportunities for individuals of all ages who have special needs and abilities.

Join the CSRI mail contact list so you can receive the yearly calendar of events. Send your contact name and e-mail address to: [csri2004@yahoo.com](mailto:csri2004@yahoo.com) to be added. The dates in the calendar of events are provided so you can 'save the date' on your calendar. Registration dates may change as determined by the host agency. Full information will be e-mailed as the dates approach with details of each individual event. Some programs have a registration fee and advance registration is typically required for each event so preparations can be made. Contact each individual agency for their host details and needs. All the various agencies are working together to give you more options. Anyone with special needs can participate with their families regardless of the community you live in. CSRI event notices are only sent via e-mail or through the community you live in through flyers and brochures. Details may change as each event approaches based on the Host Agencies circumstances.

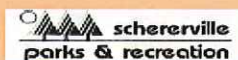
Sun. Sept. 6 **Wheelchair Accessible Hayride**  
2-4:30pm (Oak Ridge Prairie County Park in Griffith)  
\$3 fee for ALL attending.  
Advance registration is necessary. Space is limited!  
Lake County Parks  
(219) 769-7275



Sat. Sept. 12 **Splash and Dance**  
Noon-3pm (121st St. & Calumet Avenue in Hammond)  
Admission is Free for this outdoor fun day at Wolf Lake Aquatic Play Center.  
Pre-registration is not required. Concessions will be available.  
Hammond Port Authority  
(219) 937-7942



Sat. Oct. 17 **Halloween Party**  
6-8pm at the Schererville Community Center (500 E. Joliet St. in Schererville)  
Come dressed in costume. Bring a decorated pumpkin! Fees apply and advance registration is necessary.  
Schererville Parks & Recreation  
(219) 865-5530



Sun. Nov. 22 **Turkey Bowling & Games**  
1-3pm (at Hanover Central High School, 10120 W. 133rd Av. Cedar Lake)  
Admission is free, but advance registration is required.  
Hanover Central High School Key Club  
(219) 306-2919



By working together toward a common goal we are able to provide more events to a larger amount of people than any one agency alone. The following agencies are proud to partner to offer CSRI:

· Crown Point Parks & Recreation	· Lake County Parks
· Dyer Parks & Recreation	· Merrillville Parks & Recreation
· Hammond Parks & Recreation	· Munster Parks & Recreation
· Hammond Port Authority	· Schererville Parks & Recreation
· Hanover Central HS Key Club	· St. John Parks & Recreation
· Highland Parks & Recreation	· Whiting Parks & Recreation



Call host agency for fees, details and how to register! All schedules are subject to change.



# Holiday Festival Event

Join us for dancing, music, food and fun and of course a short visit from Santa! We will need to know you are coming, advanced registration is necessary. We can only fit 60 people, so don't wait to register. Please register by November 30. The fee is \$5 a person to cover the cost of food, so everyone that will attending will need to register a minimum of 1 week in advance, including caregivers. We will meet December 5 at the Pruzin Community Center from 2-4pm! Don't miss this annual event. (219) 980-5911

# Senior Day Care

Are you, or do you have a parent that is just sitting at home now that you are retired? Too self-sufficient to be in a nursing home, but you worry about being alone all day. Sign up to be part of our active seniors group where you can socialize with other seniors. Be a part of our Monday Yoga and Pinochle group, Tuesday and Thursday Senior Aerobics class, Wednesday Ballroom, Brain Aerobics and Colored Pencil, Thursday Acrylic Painting, Friday monthly Senior luncheon meetings or Popcorn and a Movie, at no extra charge except for class supplies. Come by the day or by the week. You must register a week in advance and choose your lunch from the menu that follows the heart healthy guidelines, offering modified diets, diabetic, cardiac and renal diets. Let us know if you have any food allergies, intolerances or if the doctor changes your diet. Any day trips will be an added fee and those options will be announced if you wish to join in on those. (If you choose **not** to go, the regular daily activities will still be provided). **Ages: 55+ Min. 6/Max. 15 a day**

**Dates:** August 31-December 30 (If we have enough interest this will continue into the New Year)

**Time:** Mondays 9am-3pm

**Daily Fee:** \$45 Residents/\$50 Non-Residents bring your own lunch)

Tuesdays 9:30am-3:30pm

\$50/ Residents/\$55 Non-Residents daily hot lunch provided

Wednesdays 9:30am-3:30pm

**Weekly Fee:** \$220 Residents/\$245 Non-Residents (bring your own lunch)

Wednesdays 9:30am-3:30pm

\$245 Residents/\$270 Non-Residents (hot lunch provided each day)

Thursdays 9:30am-3:30pm

(Menu selections will be available monthly, with payment due at the time of registration)

Fridays 9am-3pm

## PLEASE PRINT

Participant's First Name: \_\_\_\_\_ Driver's License Number/State ID: \_\_\_\_\_

Participant's Last Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Telephone: \_\_\_\_\_ Evening Telephone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Telephone: \_\_\_\_\_

Doctor Name and Phone: \_\_\_\_\_

Any Medical Conditions and or Allergies, Please Explain: \_\_\_\_\_

## WAIVER OF RELEASE

The participant for himself, herself, and as an authorized representative of a spouse or as a parent/guardian for a minor child, HEREBY AGREES TO RELEASE the Town of Merrillville, Indiana, Merrillville Parks and Recreation, its council, board members, employees, agents, and independent contractors from any injuries and/or damages sustained by the participants, spouse in connection with the activity/program described above, or any transportation to or from, resulting from the NEGLIGENCE, in whole or in part of the parties hereby released.

I understand the Town of Merrillville staff may take photos or videos of participants in programs, events, activities or people in the parks to use for advertising. I am aware that these may be used in future publications, on the Town website or Town Facebook page, or for other local public access. The local press may cover activities, programs or events or people and I grant them permission for the same.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Health and Wellness Fair

Join us for some healthful information. We are seeking vendors from the community who are in the Health and Wellness Field to provide information to the public. People want to stay healthy or get healthy and they are looking for the tools to do just that. We offer a variety of fitness classes and now we are being asked for other things people can do. **Cost:** Free (Vendors please complete form and turn in at least 2 weeks in advance)  
*Heathchek will be providing Flu Shots from 9am to 11am—for a fee. Medicare customers remember to bring your card. For more information on their services go to [www.healthchek.net](http://www.healthchek.net) or call (219) 322-7041.*



### 2015 Health Fair Application

Company/Contact Name: \_\_\_\_\_ Space# Requested: \_\_\_\_\_

Description of items being brought in: \_\_\_\_\_

Address: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Driver's License #: \_\_\_\_\_

Are you Requesting Electricity (No Generators Allowed) Yes No

**Event Details:** Show Name: Health Fair

**Dates:** October 3, 2015

**Time:** 9am-Noon (Vendor Set-up 8am)

**Tables, Chairs, & Extension Cords NOT provided**

**Promoter Location Details:** Company Name: Merrillville Parks & Recreation

5750 Tyler Street, Merrillville, IN 46410

Contact Person: Ruth Hashu-Roorda

Phone: 219-980-5911 Fax: 219-980-0928

**Common Rules:** Please give a description of items being brought in above on the application. No vendor may sell streamer poppers, snaps, silly string, stink bombs or other fireworks. No vendor may sell guns, knives or items normally considered weapons. No disruptive items may be sold. All trash must be removed from your space prior to departure, leave nothing behind! (A dumpster is provided outside for all trash). No set-up until vehicles are unloaded and moved to the designated parking area. There is a ramp by the front doors where you may unload and then move your vehicle into the parking lot before setting up your display.

**Standard Rules:** All work and displays must stay within designated spot. No boxes, extra merchandise or debris should be visible. Areas must be kept clean throughout the event and be left spotless afterwards. No soliciting to other vendors, approaching patrons, or distribution of advertising for anything except what is sold in your spot. Vendors are responsible for collecting and remitting all sales tax.

**Agreement:** I understand and agree with the rules. I am applying to participate as a vendor. I will follow the rules and regulations. If I do not adhere to all regulations or if I misrepresent myself or my items I am selling I will be asked to leave with no refund. I agree to indemnify and hold any affiliates and this promoter harmless from any claim or demand, including reasonable attorney's fees, made by myself or any third party due to or arising from registering for this show, participating in this show or violating any rights of another party.

Name (Printed): \_\_\_\_\_

Name (Signed): \_\_\_\_\_ Date: \_\_\_\_\_

	Space 3	Space 4	Space 5	Space 6	Space 7	Space 8	
Space 2							Space 9
Space 1							Space 10
Door	Space 15	Space 14	Space 13	Space 12	Space 11	Door	Door

## *Merrillville's Trail System*



Merrillville has two trails running through its corporate limits. The first trail is the Erie Lakawanna Trail, a 17.7 mile trail which starts in Hammond, Indiana and travels to Crown Point, Indiana. The Erie Lakawanna Trail is the longest contiguous trail in Northwest Indiana.

To catch the trail, you can park just North of the Crown Point Government Center to access the trail. Parking is provided. The Chesapeake & Ohio Greenway referred to as the C & O trail winds through a tree covered, wooded canopy past John A. Stefak Park and continues through to Broadway.

### **COMING SOON.....**

Phase II of the C & O Greenway will extend from Broadway under I-65 to Mississippi Street where it will connect to a popular shopping area with several eateries and activities.

### **Medical Insurance**

Individual medical insurance is NOT provided by the Parks & Recreation Department. Individuals are responsible for their own medical costs arising from injuries while participating in Merrillville Parks and Recreation activities.

### **Refund Policy**

If the Merrillville Parks & Recreation Department needs to cancel a program for any reason, program fees are refundable (sorry, processing fees from credit or debit cards will not be refundable). Due to scheduling conflicts, or weather related incidents an activity or class may be cancelled for the day, but every effort will be made to make-up the class during the regular day and time slot, but an alternate day may need to be substituted. If a participant can no longer attend a class or activity that they paid for, with a Doctor substantiated reason a pro-rated program refund may be issued.

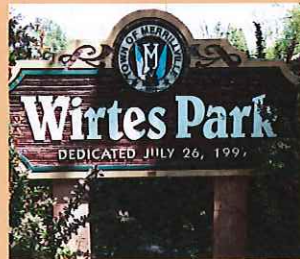
### **Dress Code**

Garments that have pictures or writing that is considered indecent, suggestive or otherwise, will not be permitted to participate in activities or programming that day. Individuals are not permitted to dress in a manner that will substantially disrupt the mission of the Merrillville Parks & Recreation Department, which is unsafe or which represents a health hazard. Failure to adhere to the above dress code will result in loss of participation in the Town of Merrillville Parks and Recreation activities.

The Town of Merrillville, its administration, employees and Council Members are committed to providing the highest standard of excellence and community leadership to all residents. The Town of Merrillville prides itself on representing the public's interests, delivering services and understanding the needs of the citizens. We will utilize all resources to enrich the lives of the community and provide accountability and transparency in all government related activities. We will work towards economic vitality, development and redevelopment to make Merrillville a top community in Northwest Indiana. All of our employees are held to the highest standard of excellence in order to ensure quality services to the community they serve. Help us stay green by downloading the brochure and saving to your personal computer for reference. The Merrillville Park Brochure can be found on-line at [www.merrillville.in.gov/parksandrecreation](http://www.merrillville.in.gov/parksandrecreation). Remember to **REDUCE - REUSE & RECYCLE** to keep Lake County and Our Parks Clean! Lake County Solid Waste.



PLEASE HELP US KEEP OUR PARKS CLEAN AND SAFE AS WE STRIVE TO IMPROVE YOUR PARK. WE WILL BE RENOVATING A DIFFERENT PARK EACH YEAR PROVIDING YOU WITH ENHANCED OPTIONS.



#### Park Rules

- Pets must be on a leash in all Town of Merrillville Parks
- Please clean up after your pet
- Motorized vehicles are prohibited in park except designated parking areas
- Motor vehicles prohibited on trails
- Alcohol is prohibited in all Merrillville Parks
- No littering or dumping is permitted
- All parks are open from dusk to dawn except when authorized by Merrillville Parks & Recreation Department

#### Merrillville Parks

Crescent Lake Park.....74th Ct & Morton St  
 Hendricks Park.....80th Lane  
 Joseph Petruch Senior Park.....1403 W 63rd Av  
 Meadowland Park.....54th Av & Madison St  
 Pruzin Community Center.....5750 Tyler St  
 Savannah Ridge Park.....74th Pl & Johnson St  
 John A. Stefek Park.....70th Pl & Harrison St  
 Wirtes Park.....5860 Roosevelt St

Forest Hills Park.....78 Indian Trail  
 Jennings Park.....W 80th Pl and Jennings Pl  
 Kurtis Park.....9 Meadow Ln  
 Preserves Park.....2081 E 87th Av  
 Rosenbalm Park.....73rd Pl & Chase St  
 Southbrook Park.....7488 Hendricks St  
 Union Park.....7200 Broadway

**PLEASE HELP US KEEP OUR PARKS CLEAN  
 REPORT ANY VANDALISM**